

BREAK THROUGH TO *Hope*

At Parsons Counseling, we offer our
Youth Intensive Outpatient Program (IOP)

that bridges the gap between traditional weekly therapy and intensive care,
combining proven clinical methods with engaging therapeutic interventions.



Serving Middle School and
High School Students



Ongoing - Mon/Wed or Tues/Thurs
from 8-11 AM or 12-3 PM



Parsons Counseling
208 Kidd Dr. Berea, KY, off I-75 exit 77



Comprehensive Treatment Models
Incorporated



Supporting Youth With:
Behavioral Health Related Issues



Accepting most insurance including
Medicaid



Led by:
Licensed Professional Counselors
Registered Play Therapists
EMDR Trained/Certified Therapists



Scan the QR Code to
Request
IOP Services



PARSONS COUNSELING
&
PLAY THERAPY CENTER
parsonscounseling.com · 859-985-7862

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Intensive Outpatient Services

Program participants maintain their daily routines while receiving intensive therapeutic support through:

- Evidence-based group therapy interventions
- Skills-based interventions
- Structured group therapy
- Trauma-informed somatic practices
- DBT skill building and practice
- Experiential learning techniques
- Peer support and social skill development
- Creative therapeutic expressions
- Emotional regulation practice



Getting Started

Request Services through

www.parsonscounseling.com

Fill out the Request Services for IOP

Complete an Intake and a Treatment Plan

Come for 8-12 weeks for services for 3 hours 2 times a week.

Must complete 6 hours weekly.



Contact Us
(859) 985-7862



Sign
up



Email Us
heal@parsonscounseling.com